



ADVENTURES
IN GOOD COMPANY



CAMINO DE SANTIAGO TO THE SEA

TRIP SUMMARY

HIGHLIGHTS

- Hike the Camino to Finisterre, once believed to be the 'Edge of the World'
- Walk through hamlets, quiet villages, remote farmland and along seaside bluffs
- Enjoy a swim or walk on the Atlantic beach coast of Galicia
- Hike to the fishing village of Muxia, known for its 'magic' stones
- Enjoy local food and wine
- Earn a 'Muxiana' certificate

Phone: 877-439-4042

Outside the US: 970-833-3132

Email: info@goodadventure.com

TRIP AT A GLANCE

Location:	Santiago de Compostela, Spain
Activities:	Hiking
Arrive:	Arrive at our trip hotel any time before 5 p.m. on Day 1

TRIP OVERVIEW

The official Camino does end at Santiago Cathedral, site of St. James' tomb. But other traditions tell of a pre-Christian route to Finisterre, the End of the Earth, once considered the westernmost point in Europe. Perhaps those long-ago people travelled just for adventure, a desire to experience that special place. Perhaps they were searching for the wise teachers of hidden knowledge who might have had a school at the End of the Earth. Or maybe the Finisterre tradition is really from pilgrims who came to collect a scallop shell as proof of having completed their journey to Santiago.

Nowadays walkers have re-discovered the route to Finisterre and Muxia. Some people have never done the classic Camino. Some pilgrims need time to think about their Camino journey. Other pilgrims just can't stop walking and yet others return years after their pilgrimage, wanting to complete their experience by walking from Santiago to the coast.

After Santiago the feeling of the trail changes. There are fewer pilgrims, less infrastructure, smaller villages. And with Santiago de Compostela behind instead of ahead, perhaps pilgrims walk not focused on reaching the big destination, but on the joy of walking. If that might be you, come join us to walk Santiago to the Sea.

RATING

This trip is designed for women who are interested in traveling a traditional pilgrimage route on foot, who are able to enjoy walking four to six hours each day on consecutive days and want to experience the community of the Camino de Santiago beyond Santiago and hike to the sea. The trip is rated 3. Prior to beginning the trip, participants should be engaging in aerobic conditioning, such as walking vigorously up hills, jogging, cross country skiing or stair stepping for 30 - 45 minutes at least 3 - 4 times a week. **Rating:** 1 2 [3](#) 4 5.

WHAT'S INCLUDED

- A local English-speaking guide and an Adventures in Good Company guide (If there are fewer than 8 on the trip, there will not be an AGC guide)
- Eight nights lodging in twin/double rooms with private toilet and shower (2 triples one night at a boutique hotel)
- All dinners and breakfasts from dinner on the first night to breakfast on last day
- Your 'Camino de Finisterre'/ Muxiana' passport and Camino shell
- Luggage transfer during the walk
- Private bus from Muxia back to Santiago

Not included: Travel to and from Santiago, guide gratuities, beverages, lunches and travel insurance. Some lunches will be at cafes where you can order an empanada/sandwich, other lunches may be picnics purchased at the hotels or with food from stores.

OUR ITINERARY

Below is the itinerary we have planned for the trip. As is true on any adventure travel trip, plans for any specific day may be modified due to weather considerations, unforeseen circumstances, new opportunities, and group interests.

DAY 1

Meet in Santiago in the afternoon at the hotel. After our get-to-know you meeting, dinner at a restaurant near the hotel

DAY 2

Santiago – Negreira. We leave Santiago from the Cathedral square, taking small streets to a park on the edge of the city. An easy ascent takes us to our last view of the Santiago Cathedral, before heading west on small roads through forests and villages, up a biggish hill and down at last to lovely Maceiras bridge and village. A trail along the river and a paved road take us to Negreira. About 20.6kms / 12.8 miles. Rolling, medium big hill between second breakfast and lunch.

DAY 3

Negreira Santa Marina/Maroas. A maze of lovely forested roads will take us to second breakfast, almost at our day's high point. After that we walk mostly asphalt through pastures and cultivated fields to lunch and beyond to van pickup point; there are no hotels in the right place, so we'll transfer forward, driving around the high area we traverse the next day. About 20kms / 12 miles.

DAY 4

Santa Marina - Olveiroa. Transfer back to where we ended the day before and walk back to Olveiroa, climbing almost to the top of Monte Aro along the way, with very nice views on the way up and down. Since it is a short day, we'll be back in Olveiroa in time for lunch, relaxing, washing socks, journaling or taking photos of the many stone "horreos" (corn cribs) in the village. About 13.20kms / 8.2 miles.

DAY 5

Olveiroa – Cee. We start with a climb, almost to the windmills then have downs and ups before final ascent to Hospital crossroads, where some pilgrims turn off towards Muxia and others (like us) head for Finisterre. After Hospital crossroads we cross open fields – if the day is clear, we get our first view of the sea – then fields and forests take us past a traditional stone cross to the Virgin of the Snow chapel. After a rest at the chapel, a relatively gentle climb with glimpses of the sea takes us up to San Pedro chapel. Just after this chapel we have splendid view of the coast, with our day's destination and part of our route for the next day clearly visible, then a steep descent takes us to seaside Cee. About 20 kms / 12.03 miles. Rolling, two ascents, one bigish descent.

DAY 6

Cee – Finisterre. A shorter day, partly along the coast and partly just back from the coast, again through villages and forests. A last short descent with a pretty view takes us to the road into Finisterre: great photo op with the trail leading right towards the sea. At Finisterre most pilgrims walk out to the lighthouse to see the view and the "0" kilometer marker. This rocky cape was considered the "End of the Earth" in medieval times: pilgrims traditionally burned their clothes and threw their shoes into the sea, symbolizing the end of the journey and the beginning of a new life. (today this is not allowed for sustainability and fire hazard). About 12kms / 7.46 miles. Finisterre to lighthouse and back, about 7.00kms / 4.34miles

DAY 7

Finisterre – Lires. Today we'll take roads less travelled to stay along the coast. Shortly after Finisterre we leave the marked path to walk a quiet paved road behind Rostro beach – if weather and tides permit, we can walk part of the distance on the beach. Then after a short hill and a bit of forest, again we leave the marked trail to do a pretty loop through a pine forest with views of seaside bluffs and a lovely, almost deserted beach before reaching Lires. About 13kms / 8.02 miles. Gentle hills.

DAY 8

Lires – Muxia. Our last day on the trail starts with a bit of forest and a newish bridge almost too big for the road – with the stepping-stones of the old ford visible just downstream. Today's route is mostly inland: a gentle up takes us through tiny villages, with the last, somewhat steeper part again almost accessing windmills on the ridge. A long gentle down through the forest takes us to a beach a few kilometers from Muxia; from there it is a stroll along the access road to reach our pretty destination. Muxia is known for handmade lace and for the Virgin of the Boat chapel, out on a rocky point, site of an ancient fertility cult. For locals this is one of the most beloved shrines in all of northwest Spain, and even for non-locals, it's the perfect setting for the end of a journey. About 14.6kms / 9.07 miles.

DAY 9

Breakfast and transfer back to Santiago on our private bus, arriving in Santiago around 11:30 a.m. Bus drop off at bus station and at airport.

ADDITIONAL TRIP INFORMATION

GETTING THERE

You will be flying into the Santiago de Compostela Airport (SCQ). From there you can get to the trip hotel by taxi. The airport is serviced by a number of airlines including Ryan Air, Vueling, Aer Lingus, EasyJet, Lufthansa and Iberia. The airport is about 20 minutes from the city and the flight to Madrid takes around 50 minutes. Both Iberia and RyanAir have flights from Santiago (SCQ) to Madrid (MAD).

If you prefer you can also take a train from Madrid to Santiago. The train between the cities anywhere from 5.5 to almost 11 hours. The schedule can be found at: <http://www.renfe.com/EN/viajeros/horarios.html>. If you are looking too far in the future, your date may not show up on schedules now but this will give you an idea, understanding it may change.

GETTING BACK

Breakfast and transfer back to Santiago on our private bus, arriving in Santiago around 11:30 a.m. Bus drop off at bus station and at airport.

AIRFARE

If you would like assistance with airfare, we recommend contacting our AirDesk Partner, [Exito Travel](#). Start by submitting this [form](#). Just fill in your dates and destinations, including any additional notes about preferred carriers, class of service, possible stopovers, etc., and an agent will typically respond via email within a few hours. If you prefer to call, the number is 800-655-4053; be sure to tell them you are traveling with Adventures in Good Company.

Please note: Most of the international airlines are in-network for Exito, so they do not charge extra for their services (and often have access to discounted rates). When necessary, processing fees out-of-network carriers are minimal at around \$35-\$50 per ticket.

ACCOMMODATIONS

We will be staying in double occupancy rooms with ensuite bathrooms in different types of accommodation, typically mid-range family-run hotels that are chosen for their hospitality or proximity to the path. On 1 night there will be triple occupancy rooms at a boutique hotel.

TRAVEL INSURANCE

We recommend that you purchase a travel protection plan to help protect you and your travel investment against the unexpected. For your convenience, we offer travel protection through Travelex Insurance Services. For more information on the available plans or to enroll, visit www.travelexinsurance.com or call 1-800-228-9792 and reference location number 06-0331.

Travelex Insurance Services, Inc CA Agency License #0D10209. All products listed are underwritten by, Berkshire Hathaway Specialty Insurance Company, NAIC #22276.

CANCELLATION POLICY

Cancellation charges reflect the many expenses Adventures in Good Company cannot recover if you cancel, even if you must do so due to illness, injury, or personal emergencies. These fees are not meant to be punitive. The charges made reflect the expenses Adventures in Good Company has incurred in administering your reservation and planning for your participation. We recognize that the majority of those who cancel their reservations do so out of necessity. Please note that we do not make any refunds for any unused portion of your trip, not arriving, arriving late, or leaving the trip early.

To qualify for any refunds, we must receive notification in writing, by email to info@goodadventure.com or mail to: Adventures in Good Company, PO Box 455, 2601 S. Lemay Ave, Ste 7, Ft Collins, CO 80525. Cancellation date is the date the notice is received by Adventures in Good Company in writing.

In the unfortunate event that you must cancel your trip, your refund will be determined by the following formula:

Days Prior to Trip		
International	Domestic	Refund
120 + days	90+ days	All but \$50
120 - 60 days	90 - 45 days	50% of trip fee
59 days or less	44 days or less	No refund

If you have paid in full, we have a waiting list, and we can fill your spot from that list, everything but your deposit will be transferred to another trip of your choosing for which you register in the next 365 days. Trip fees may be transferred from one person to another if, in the opinion of the Adventures in Good Company staff, it is determined that the other person is in the proper physical condition to participate in the trip activity.

Adventures in Good Company reserves the right to cancel or alter a trip due to unforeseen weather, unsafe conditions, low registrations or other circumstances. On the rare occasion when Adventures in Good Company must cancel a trip, all payments received to date will be refunded, including the non-refundable portion of your deposit.

Adventures in Good Company is not responsible for expenses incurred in preparation for any canceled trips, including airplane tickets.