



ADVENTURES  
*in good company*



## DOG SLEDDING AND WINTER FUN

### Trip Summary

#### HIGHLIGHTS

- Experience the exhilaration of mushing a team of sled dogs through pristine winter wilderness
- Learn or improve upon cross-country skiing skills on endless miles of well-groomed trails
- Snowshoe the loop on Oberg Mountain with its 8 marvelous overlooks
- Luxuriate in your beautiful condo with the waves of Lake Superior lapping at your back porch
- Explore the quaint and charming town of Grand Marais
- Relax your tired muscles in the hot tub and sauna

## TRIP AT A GLANCE

Location:	Tofte, MN
Activities:	Multisport
Arrive:	Arrive in Duluth, Minnesota (DLH) anytime on Day 1
Depart:	3:30 PM at the airport in Duluth on the last day

### Trip Overview

Combining lots of outdoor activity, natural beauty, and four nights in an award-winning resort, this wintertime adventure vacation is the perfect interlude in your daily life that is at once invigorating and deeply relaxing. The invigorating part comes from the very fun activities of dog sledding, cross-country skiing, and snowshoeing. The rest of the trip is for relaxing! It's not just the hot tub or saunas, or even the optional massages. It's also the beauty and quiet of the condos with their windows looking out over Lake Superior, delicious meals that you don't have to plan or cook, and the camaraderie of other wonderful women. We guarantee that by the end of these six days you will have completely escaped the daily grind. **Maximum group size: 10**

### Rating

This trip is for any woman who wants to experience a variety of winter activities while staying in wonderful accommodations. This trip can be as relaxed or active as you choose! If you want to do every activity offered, some prior conditioning is definitely a good idea. **Rating:** [\[1\]](#) [\[2\]](#) [\[3\]](#) 4 5

### What's Included

- 1 - 2 experienced AGC guides based on group size
- Lodging in Duluth the first night
- Four nights lodging with a private bedroom in the condos at Bluefin Bay
- All meals from breakfast on Saturday through lunch on Wednesday
- All equipment needed for skiing and snowshoeing, ski passes
- Round-trip transportation from Duluth, MN
- One full day of dog sledding with two women per sled

**Not included:** Transportation to/from Duluth, alcoholic beverages, guide gratuities, packing list items, pre- or post-trip lodging

## OUR ITINERARY

Below is the itinerary we have planned for the trip. As is true on any adventure travel trip, plans for any specific day may be modified due to weather considerations, unforeseen circumstances, new opportunities, and group interests.

### DAY 1

Today is arrival day! You are free to arrive in Duluth anytime today. It's a lovely city, right on the shores of Lake Superior, and an interesting place to spend some time if you can arrive early. Lake Superior is considered the "Greatest of the Great Lakes" boasting the largest body of freshwater on earth! Lodging tonight is included and our first formal get-together will be tomorrow. Suggestions of things to do and places to eat, along with the hotel name, will be included in the Pre-Departure Document that you receive 4 months before the trip.

### DAY 2

The trip begins at 9 AM when your AGC guides will meet you for a trip orientation in the lobby of the Duluth hotel. We will drive up to Tofte, about two hours from Duluth, and share a welcome lunch at the Coho Cafe - a local gem! After checking into our condos, we'll stretch our legs with a snowshoe walk on nearby Oberg Mountain (weather permitting). Following a short climb to the top, there is a relatively flat loop trail leading to 8 different overlooks, offering a perfect introduction to the area. We'll end our day with a hearty dinner and afterwards enjoy relaxing in the hot tub or sauna, or just sit in our comfortable living room in front of a cozy fire and gaze out the window at the vast frozen lake. (B, L, D)

### DAY 3

This morning we'll go for a cross country ski near Bluefin Bay. The trails are appropriate for a variety of skill levels, including those who have never been on skis before. Your guides will provide the instruction you need to learn and improve your skiing techniques. In the afternoon you may choose to relax and read at the condos, do some snowshoeing, or perhaps go out for another ski. There is also a spa onsite and a massage therapist available by appointment to ease your tired muscles. Those wanting down time are welcome to relax at the resort and take advantage of its many amenities. (B, L, D)

#### DAY 4

Today is our dog sledding day! We get up early to meet our dogs and guides. Sled dogs are some of the funniest, friendliest, quirkiest dogs around and they love running through the wintry woods. After learning how to harness and hook them up, we're off for a full day of sledding. We'll drive the sleds across lakes and over gentle rolling hills, learning how to assist the dogs by "pedaling" and "scooting". We will experiment with shifting our weight on the runners to help the sled turn as well as jumping on and off the runners when we're going uphill. After an active morning we will take a break and cook lunch over an open fire. With two women in every sled, you have the opportunity to switch between the active position of driving the sled and the more relaxing activity of sitting cozily bundled in the sled and watching the spectacular winter scenery go by. We guarantee that if you love dogs, you'll adore this adventure! We'll return to our condos in time to freshen up prior to our dinner out at Bluefin restaurant. (B, L, D)

#### DAY 5

We plan to ski at Pincushion Mountain, a great cross-country ski area with a variety of trails on the North Shore. Or, if more snowshoeing is what you desire, we will explore a scenic trail at George Washington Pines. While playing in the snow, we'll enjoy a picnic lunch at a nearby warming hut before finishing our activity. Any remaining time for the day can be spent exploring the shops and galleries of Grand Marais or exploring more trails by ski or snowshoe. Grand Marais is a charming and friendly town and well worth a visit. We'll head back to the Condos at Bluefin for appetizers, conversation and our last shared dinner together. (B, L, D)

#### DAY 6

Today we'll hike along a nearby gorge, giving us the chance to see the winter beauty of the river and experience the power and majesty of nature in this spectacular frozen season. We will plan to share a final lunch and leave Tofte by 1:00 PM. We will be back at the Duluth airport no later than 3:30 PM. The Duluth Airport is small and easy to navigate; you can plan to fly out any time after 4:30 PM. (B, L)

## ADDITIONAL TRIP INFORMATION

### Getting There

If you are flying, the closest airport is Duluth International Airport (DLH). You can arrive anytime on Day 1. There is a complimentary shuttle from the airport to [The Inn on Lake Superior](#) from 8 AM to 10 PM that requires reservation by phone a week prior. Check-in is at 3 PM with earlier check-ins available upon request.

If you would like assistance with airfare, we recommend contacting our AirDesk Partner, [Exitto Travel](#). Start by submitting this [form](#). Just fill in your dates and destinations, including any additional notes about preferred carriers, class of service, possible stopovers, etc., and an agent will typically respond via email within a few hours. If you prefer to call, the number is 800-655-4053; be sure to tell them you are traveling with Adventures in Good Company.

Please note: Most of the international airlines are in-network for Exitto, so they do not charge extra for their services (and often have access to discounted rates). When necessary, processing fees out-of-network carriers are minimal at around \$35-\$50 per ticket.

### Accommodations

The first night will be in Duluth at the Inn on Lake Superior. "If you were any closer to the lake, you'd be in it!" The Inn has a fitness center, indoor pool, sauna, hot tub, and roof top pool and nightly s'mores by the fire. We will then spend four nights at the award-winning [Bluefin Bay resort](#). Bluefin is a collection of well-designed, comfortably appointed seaside vacation resort condos located right on the lake. Each condo has a fireplace, jacuzzi, and stunning views. They also boast a year-round outdoor pool and hot tub, two saunas, indoor pool and whirlpool/spa and an exercise room. We've reserved 2 and 3 bedroom condos, each with either one king or queen-sized bed in every bedroom and 2 shared bathrooms. You can [see the floor plan here](#).

### Travel Insurance

We recommend that you purchase a travel protection plan to help protect you and your travel investment against the unexpected. For your convenience, we offer travel protection through Travelex Insurance Services. For more information on the available plans or to enroll, visit [www.travelexinsurance.com](http://www.travelexinsurance.com) or call 1-800-228-9792 and reference location number 06-0331.

Travelex Insurance Services, Inc CA Agency License #0D10209. All products listed are underwritten by, Berkshire Hathaway Specialty Insurance Company, NAIC #22276.

## CANCELLATION POLICY

Cancellation charges reflect the many expenses Adventures in Good Company cannot recover if you cancel, even if you must do so due to illness, injury, or personal emergencies. These fees are not meant to be punitive. The charges made reflect the expenses Adventures in Good Company has incurred in administering your reservation and planning for your participation. We recognize that the majority of those who cancel their reservations do so out of necessity. Please note that we do not make any refunds for any unused portion of your trip, not arriving, arriving late, or leaving the trip early.

[Click here for our Cancellation & Payment Policies and Booking Terms & Conditions.](#)